















### **BREAKFAST BOOSTER**

Açaí
Oats
Peanut Butter
Yoghurt/Vegan Yoghurt
Vegan Granola
Blueberries
Chia Seeds

€8.00



## **ATHLETE'S AGENDA**

Açaí
Whey/Vegan Protein
Peanut Butter
Cacao Nibs
Banana
Pumpkin Seeds
Desiccated Coconut

€8.50



### **NAUGHTY BUT NICE**

Açaí
Snickers Butter
Condensed Milk/
Vegan Yoghurt
Strawberries
Crushed Vegan Biscuits
Crushed Almonds

€8.00



## BUILD YOUR OWN BOWL €7.50 SMALL/€9.50 ORIGINAL

### Choose up to 8 toppings:

- o Strawberries
- o Blueberries
- o Goji Berries +50c
- o Banana
- o Cacao Nibs +50c
- o Desiccated Coconut
- o Vegan Granola (gluten free) +50c
- o Peanut Butter +50c
- o Vegan Snickers Butter +75c
- o Whey Protein Powder +1.00
- o Vegan Vanilla Protein +1.20
- o Pumpkin Seeds
- o Chia Seeds
- o Yoghurt (contains dairy)
- o Vegan Yoghurt
- o Oats (contains gluten)
- o Condensed Milk (contains dairy)
- o Crushed Almonds
- o Vegan Crushed Biscuits (contains gluten)
- o Milk Powder
- o Honey
- o Agave



## SUPER FOOD SNACKS

# Overnight Oats €5.00 Oats Soaked in almond milk and our organic açaí powder, finished with your favourite toppings and drizzled with honey/agave



### Granola Bar €3.00 Made with our organic açaí powder,

peanut butter, cacao nibs, crushed almonds and honey



#### Protein Coconut Ball €2.00

Whey Protein, Açaí, Coconut, Oats, Chia Seeds, Honey and Peanut Butter





## **MANGO & PASSION FRUIT SMOOTHIE**

Açaí powder, mango, passion fruit, banana, apple juice, plant-based milk, yoghurt (optional) and honey/agave

€5.00/€5.50 Large





## MIXED BERRIES SMOOTHIE

Açaí powder, blueberries, strawberries, raspberries, banana, apple juice, plant-based milk, yoghurt (optional) and honey/agave

€5.00/€5.50 Large

## PROTEIN NUTTER SMOOTHIE

Whey/vegan vanilla protein powder, peanut butter, banana, açaí powder, plant-based milk, yoghurt (optional) and honey/agave

€5.00/€5.50 Large

